



HOUSE PARTY

PARENT GUIDE

November 01st

Life App Definition

Gratitude — letting others know you see how they've helped you

Main Idea

We kick off this series with something Paul wrote in 1 Thessalonians 5:18 (NIRV): "Give thanks no matter what happens. God wants you to thank him because you believe in Christ Jesus." It's pretty clear: giving thanks is something God wants us to do.

Memory Verse

"Give thanks to the Lord, because he is good. His faithful love continues forever"
(Psalm 136:1 NIRV).

Bottom Line

You always have something to be grateful for.

Monthly Profession

I will fulfill every purpose that God has for me because my steps are ordered by the Lord.

Small-Group Discussion

Review the story and use the following questions to reinforce the lesson learned from the story.

- What news did Ilsa find out that day?
 - That she had a food sensitivity
- Do you know anyone who has a food sensitivity?
 - Answers will vary.
- What dairy product did Ilsa want?
 - Eggnog
- Have you ever tried eggnog?
 - Answers will vary.
- What is something we do at least three times a day?
 - Eat
- What were the pictures that Mr. Mendal showed the class?
 - Families all across the world with the food they eat in one week

- What did the pictures remind Ilsa?
 - That she still had a lot to be thankful for
- Describe an ungrateful person.
- Now describe a grateful person.
- What are the reasons people are ungrateful?
- Do you think we can be grateful even when we don't feel happy?

Object Lesson

The following activity is intended to help your children apply the lesson that was learned in today's House Party. Complete the activity as a family by following the steps below.

Supplies Needed

- Bible
- Smart Phone

Activity

- Look up and read aloud Psalm 136:1.
- Ask:
 - How does knowing that God's love is forever give us a reason for thanks?
 - How has God shown you that He is good?
 - People often think that if God is good, He won't let anything bad happen. What do we know about God that helps us understand why people face hard situations?
- Use a voice-altering app such as Voice Changer Plus to let your children record themselves as they say Psalm 136:1 with different voice changers.
- Listen back to each one.
- *Optional: If you don't have access to a smartphone or other device, let kids take turns saying the verse in different ways.*
 - *Opera singer*
 - *Ventriloquist (speak without moving their lips)*
 - *Whisper*
 - *Shout*
 - *Robot*
 - *Baby*
- Point out how different each one sounded even though the same words were said.
- Remind your children that in life we all go through both good times and bad, but we don't all react or sound the same when it comes to our responses.
- Ask:

- What would an ungrateful kid sound like and say when it feels like life is going wrong?
- How would a grateful kid react differently?
- What determines the way we sound or act when faced with disappointment?
- Why do we always have something to be grateful for?

Prayer

Take a few minutes to pray with your children. Ask God to help you show gratitude this month and always.

Dear God,

Gratitude doesn't come easy to us, especially when we're having a bad day. We need Your help to remember that Your plans are always good. Instead of complaining about what's bad, help us choose to be grateful for all that is good. In Jesus' name, amen.