



HOUSE PARTY

PARENT GUIDE

Life App Definition

Commitment is making a plan and putting it into practice.

Main Idea

We kick off the month with something Paul wrote in 1 Corinthians 9:24-25. "So, run in a way that will get you the prize. All who take part in the games train hard." Paul used running in a race as a way to talk about our relationship with God. A growing relationship with God isn't something that happens overnight; we need to practice it. This verse sets up the rest of the month where we will learn how to practice our faith. What matters most is growing relationship with Jesus. When it comes to getting things done, more often than not, you need a plan. The same is true in your relationship with Jesus. We will learn some practical steps to make a plan to prioritize growing an everyday faith in Jesus.

Memory Verse

Training the body has some value, but being godly has value in every way. It promises to help for the life you are now living and the life to come.

I Timothy 4:8 (NIrV)

Bottom Line

Keep practicing what matters most.

Small Group Discussion

ICE BREAKER: If you were invisible for one day, what would you do?

Let's review the lesson.

- 1) Who can tell me the three areas that she said she needed to train in?
Speed, strength, and smarts
- 2) Which apostle wrote about training in 1 Corinthians? **Paul**
- 3) Which sport did Paul use to teach about commitment? **running**
- 4) What do you need to be able to run a marathon? **a plan to train**
- 5) What did Jesus tell His disciples matters most? **Loving God and loving people**

6) What are the 4 parts of training in our "Love God, Love people" marathon?

Hear, pray, talk, live

* **Hear from God**

* **Pray to God**

* **Talk about God to others**

* **Live for God**

* We will be doing a "Slap Jack" activity.

* Each child will be given a page with the words Hear, Pray, Talk and Live.

* Small group leader will read a sentence and the kids will swat the word that completes the sentence.

-- Really use each sentence as a teaching moment.

-- Talk through how all these things help to grow our faith and how we need to keep practicing.

Sentences:

1) When my small group leader reads the scripture out loud, I am practicing _____ ing from God. **(hear)**

2) When I am scared at night in my bedroom, I _____ to God to protect me and help me be brave. **(pray)**

3) When I have a question about God, I can _____ to my parents or small group leader about it. **(talk)**

4) When I practice hearing from God, praying to God, and talking about God, it helps me _____ for God. **(live)**

5) Reading my Bible helps me _____ from God. **(hear)**

6) I can _____ to God anytime, anywhere, and about anything. **(pray)**

7) I can _____ to my friends and family about God. **(talk)**

8) The way we _____ our lives can point others to Jesus. **(live)**

* Wrap up by sharing a personal time when you saw that practicing one or all of these 4 things helped you grow in your faith.

* Pray over the kids that this week they will remember to keep practicing these 4 things.

-- Encourage them to put this sheet up somewhere they will see it so they remember to work at their faith.